

SATORI WEAVING With Chiaki O'Brien

Residents had a wonderful time making weaving works of art with our COMPAS artist Chiaki O'Brien! Here are some pictures of their creations in progress!



DO YOU KNOW SOMEONE LOOKING FOR ASSISTED LIVING OR MEMORY CARE?

Refer a private pay resident to our community, and when they move in, you will receive a \$500 Visa gift card! Contact Nancy Solinger at 952-542-5687 or via e-mail at nancysolinger@ecumen.org for more details!

Your referrals are the greatest gift we can receive. Thank you!



ECUMEN® Centennial House

Staff Contact

Lani Drill	Executive Director	952-542-5680
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Collin Baska	Human Resource Specialist	952-658-5460
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Sarah Kronkvist	Chaplain	952-658-5463

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Staff Recognition

New Employees:

Debbie Filipiak - Registered Nurse
Dan Robinson - Maintenance Assistant

February Anniversaries:

Veronica Krawiec - 1 Year
Maria Alvarado - 2 Years
Raylesha Myers - 2 Years
Janet Ogega - 7 Years
Mondester Mobisa - 8 Years
Cheri Pope - 8 Years

February Birthdays:

Morgan Dawson - 2/2

FEBRUARY February Resident Birthdays

Margaret Rose - 2/07
Margie Roman - 2/09
Lois Marchessault - 2/17
Malaki Madani 2/17
Gilbert Manning - 2/18
Lois Scarff - 2/18
Vi Eslinger - 2/23
Alice LaCoursiere - 2/24
Connie Milner - 2/26

WE WILL CELEBRATE
FEBRUARY BIRTHDAYS WITH
ENTERTAINMENT BY
MARY HALL
THURSDAY FEBRUARY 28TH
AT 2 PM HOUSE 3
PLEASE JOIN US!

ECUMEN® Centennial House

February 2019

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Greetings from Centennial House!

Winter continues to fly by. If you can call it winter – rain in January? 40 degrees? Followed by snow and frigid air? It will be interesting to see if the Groundhog will see his shadow and what February will bring! I am looking forward to the melting snow and SPRING! It can't come soon enough for me.

In mid-January, each resident or their representative received a mailing from Centennial House. Within this packet are forms that will need to be reviewed, signed, and returned to Centennial House. Each of the items in the mailing are requirements from the MN Department of Human Services as a follow-up to all of the work we have been doing behind the scenes in regards to the regulations for our licensure. If you have any questions about the information in the packet, please reach out to me. For those of you who have already reviewed and returned to me, I appreciate your timely follow-up.

A quick remodel update for those who reside in House 3 Memory Care, we are in throes of construction! The painter and flooring contractors are working diligently. It is our hope that by mid-February the project will be wrapping up. Currently, the new furniture is tentatively scheduled for delivery on 2/18. Centennial House has also been approved for new dining furniture throughout each of the houses. It is anticipated to be installed with the House 3 furniture. As the project continues, be on the lookout for email updates and notices on the entry of House 3. We appreciate all of your patience and understanding through this project.

Ecumen is continually looking for ways to be more environmentally friendly. Centennial House will be replacing all of the light bulbs throughout the buildings with LED's. We are working with a contractor and the home office for this project. It is anticipated this project will begin sometime in February. The contractors will be replacing all of the lightbulbs (not fixtures) in common areas and resident apartments. In speaking with the contractors, each resident room will take approximately 5-10 minutes to complete. Kevin, our maintenance director, will be working closely with them to ensure residents are aware of the contractors and minimize the impact on our resident's lives. As more information is known, please look for updates.

As a reminder, the Centennial House newsletter is now available in both print form and by email. If you would prefer to receive this electronically, please contact Nancy Solinger at nancysolinger@ecumen.org.

As always, my door is open to the residents and families at Centennial House. Feel free to stop in my office and chat. I can also be reached at 952-542-5680 or lanidrill@ecumen.org. Please contact me if I can be of any assistance to either you or your loved one.

Best regards,
Lani Drill

WELCOME OUR NEW NEIGHBORS!

Verland Kruse
Eleanor Eiland



facebook

Ecumen Centennial House
Apple Valley, MN

February Spotlight Resident – Ralph Duchscher



Ralph was born and raised on a farm, in Devils Lake, ND.

After high school, he continued to work on the farm with his dad. At age 25, he married the love of his life, Evelyn, at St. Joseph's Catholic Church. They had

two sons, Rob and Marty. Ralph's dad eventually sold the farm, and Ralph and his family relocated to East Grand Forks, MN.

Ralph's dad purchased a bar, called Rudy's Bar. Ralph worked at the bar with his dad. After Ralph's dad passed away, his mom sold Rudy's bar, and bought the Gopher Bar. Ralph ran the Gopher Bar for many years.

At another point in his life, Ralph also purchased and managed a laundromat. He also worked at a nine story office building, doing maintenance.

After many years of being in the work force, Ralph retired. Ralph was also a recreational pilot. He owned three airplanes, two of which he built. Incidentally, these two planes were bi-planes. He also flew those planes.

Hunting and fishing were two more hobbies he enjoyed. He particularly enjoyed fishing on the Rainy River. Ralph was a member of the Elks Club. He and Evelyn enjoyed going there together to dance and eat.

They were married for 50 wonderful years. They have several grandchildren and great-grandchildren. Ralph joined Centennial House in the fall of 2018. Welcome, Ralph, to our family!!

VALENTINE'S DAY WORD SEARCH

Y	C	U	P	I	D	O	U	M
L	H	L	F	N	H	I	N	L
O	C	L	O	K	A	R	E	C
V	A	R	W	T	R	H	I	N
I	C	L	A	R	S	E	H	O
S	W	E	E	T	H	E	A	R

CUPID FLOWERS CARD CANDY VALENTINE SWEETHEART CHOCOLATE RED PINK HEART LOVE

USE THE REST OF THE LETTERS IN THE ORDER THEY APPEAR TO FIND THE ANSWER:

WHY IS IT BAD TO BE A NEARSIGHTED PORCUPINE ON VALENTINE'S DAY?

www.funwordsearch.com

PARDON OUR DUST

Renovations are underway in House 3!
Please bear with us as we improve our Centennial House community!

Our project began on Tuesday, January 22nd. There will be contractors onsite for painting and carpet replacement. It is anticipated that this project will take approximately 4-5 weeks to complete. During this time period, there will be times where areas will not be accessible to residents and their families. The contractors are experienced working in senior housing and memory care. They will be working closely with Lani and community staff to ensure a smooth project. During the project, you will receive periodic updates. If you have questions, feel free to reach out to Lani directly.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 11:00 EXERCISE AND DEVOTIONS 3:00 MOVIE IN THE PARLOR	4 10:15 EXERCISE AND DEVOTIONS 2:00 ROLL A BALL TRIVIA 3:00 COFFEE AND SOCIAL	5 9:00 MANICURES AND HAND MASSAGES 10:30 MUSIC THERAPY WITH KRISTEN 1:45 EXERCISE AND DEVOTION 2:30 NOODLE BALL 3:00 SNACK 3:30 SING-A-LONG <small>Chinese New Year</small>	6 9:30 ROSARY AND COMMUNION 11:00 EXERCISE AND DEVOTIONS 2:00 BINGO 3:30 SING-A-LONG	7 11:00 EXERCISE AND DEVOTIONS 2:00 BOWLING TRIVIA 3:30 SOCIAL HOUR	8 10:30 WORSHIP ANEW 11:00 EXERCISE AND DEVOTIONS 2:00 KNICKLEBACK 2:30 REMINISCE 3:00 ROOT BEER FLOATS	9 10:15 EXERCISE AND DEVOTIONS 3:30 BINGO <small>Groundhog Day</small>
10 11:00 EXERCISE AND DEVOTIONS 3:00 COFFEE AND COOKIES	11 10:15 EXERCISE AND DEVOTIONS 2:00 PARACHUTE GAME 3:00 COFFEE AND REMINISCE	12 9:00 MANICURES AND HAND MASSAGES 10:30 MUSIC THERAPY WITH KRISTEN 1:45 PHYSICAL WELLNESS 2:30 BEAN BAG TOSS 3:00 SNACK 3:30 SING-A-LONG <small>Chinese New Year</small>	13 9:30 ROSARY AND COMMUNION 11:00 EXERCISE AND DEVOTIONS 2:00 BINGO 3:30 SING-A-LONG	14 11:00 EXERCISE AND DEVOTIONS 1:30 VALENTINE'S DAY PARTY <small>Valentine's Day</small>	15 10:30 WORSHIP ANEW 11:00 EXERCISE AND DEVOTIONS 2:00 SHAKE LOOSE A MEMORY 2:30 NAME THAT TUNE 3:00 SOCIAL HOUR	16 10:15 EXERCISE AND DEVOTIONS 3:30 BINGO
17 11:00 EXERCISE AND DEVOTIONS 3:00 MOVIE IN THE PARLOR	18 10:15 EXERCISE AND DEVOTIONS 2:00 WORD ASSOCIATION GAME 3:00 ICE CREAM SOCIAL <small>Presidents' Day (US)</small>	19 9:00 MANICURES AND HAND MASSAGES 10:30 MUSIC THERAPY WITH KRISTEN 1:45 EXERCISE AND DEVOTION 2:30 PARACHUTE GAME 3:00 SNACK 3:30 SING-A-LONG	20 10:15 EXERCISE AND DEVOTIONS 11:00 TABLE TALK 2:00 BINGO 3:00 ROSARY AND MASS	21 11:00 EXERCISE AND DEVOTIONS 2:00 SHAKE LOOSE A MEMORY 3:30 ROOT BEER FLOATS	22 10:30 WORSHIP ANEW 11:00 EXERCISE AND DEVOTIONS 2:00 APPLES TO APPLES 2:30 FAIRYTALES 3:00 ICE CREAM SOCIAL	23 10:15 EXERCISE AND DEVOTIONS 3:30 BINGO
24 11:00 EXERCISE AND DEVOTIONS 3:00 COFFEE AND COOKIES	25 10:15 EXERCISE AND DEVOTIONS 2:00 GROUP ACTIVITY 3:00 ICE CREAM SOCIAL	26 9:00 MANICURES AND HAND MASSAGES 10:30 MUSIC THERAPY WITH KRISTEN 1:45 EXERCISE AND DEVOTION 2:30 BALLOON VOLLEYBALL 3:00 SNACK 3:30 SING-A-LONG	27 9:30 ROSARY AND COMMUNION 11:00 EXERCISE AND DEVOTIONS 2:00 BINGO 3:30 SING-A-LONG	28 11:00 EXERCISE AND DEVOTIONS 2:00 NAME THAT FAMOUS FACE 3:30 ICE CREAM SOCIAL	29 11:00 EXERCISE AND DEVOTIONS 2:00 NAME THAT FAMOUS FACE 3:30 ICE CREAM SOCIAL	30 11:00 EXERCISE AND DEVOTIONS 2:00 NAME THAT FAMOUS FACE 3:30 ICE CREAM SOCIAL