

Upcoming Event!

Join us for a special presentation on **Vital Conversations**

Presented by:

DARTS

Linda Walker, Licensed Social Worker

SEPT.
25

Hosted by **Ecumen
Centennial House**

Wednesday, Sept. 25th
3:00pm - 4:00pm

Vital Conversations is a presentation geared towards helping caregivers, family or friends understand what topics are important to discuss with the older adults in their lives and how to navigate those difficult conversations to avoid putting the person on the defense. We cover many of the common issues such as how to talk to loved ones about accepting help with bathing or driving, as well as important discussions about future planning.

About the Presenter:

- Working with older adults and their caregivers for over 40 years
- Personal experience caregiving for her mother who had dementia



RSVP to Nancy | 952-542-5687

 **ECUMEN[®] Centennial House**

14625 Pennock Ave | Apple Valley, MN 55124
www.ecumencentennialhouse.org

