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**IF YOU ARE LOOKING  
TO BRIGHTEN THE  
DAY OF YOUR LOVED  
ONE, FLOWERAMA  
OF APPLE VALLEY  
IS CURRENTLY STILL  
OPEN AND WILL  
DELIVER.**

**952-432-4229**

**facebook**

**Ecumen Centennial House  
Apple Valley, MN**



### Executive Director Update:

Spring is upon us, which also offers us a time to renew ourselves and look at one's life in a new light. As we deal with a national health crisis in our country, it will be even more important to count our blessings and look to offer support and encouraging words and actions towards one another. We have the opportunity to open our eyes to new ideas and be thankful for the caring people that we encounter every day, but may have taken for granted. Even if we are tested during this time, we need to put our trust in God that he will be with us and help us to endure any struggles that we may encounter today and in the future.

I am happy to announce the completion of our indoor sprinkler system. This has been a prolonged project that was necessary, but we are happy to have it completed. Our new beautician has started to service our residents in March. She works Tuesdays and Thursdays but due to COVID 19, she is not able to be in our building. We will update you when this changes by email. Please contact Kristine Silus at 612-859-5236 to schedule appointments in the future.

In April, staff will be completing the census forms for all of our residents. Please do not complete one for your relative that resides at Centennial House. If you have questions please contact me directly at 952-542-5680 or via e-mail at [laurenpahne@ecumen.org](mailto:laurenpahne@ecumen.org).

A financial reminder to all families. If your parent or loved one who resides at Centennial House will reduced their savings down to \$3,000 within the next 3-6 months, we will need you to work with us to assist you on instruction about how to apply for Elderly Waiver on your residents behalf. Elderly Waiver discussion is touched on during the initial sales process prior to moving into Centennial House. As time goes by, it is the responsibility of the family, POA or guardian to keep us informed of the financial standings of the resident's account. It is our goal to help assist you through this sometimes confusing system, and get your family member accepted on Elderly Waiver. Please reach out to me or to Laytoya Turner, business office specialist for more information.

I would like to thank all of Centennial House staff, residents and their families for welcoming me with open arms. In this short time I have met many people and I will continue to work on remembering your names.

In closing, I would like to remind you that my door is always open for you to stop in and share your thoughts, ideas, and concerns.

### **RESIDENT AND FAMILY RESOURCE LINE**

For the latest updates on COVID19 and what Ecumen is doing to keep your loved ones safe through this difficult time, please feel free to reach out to our resource line.

Operators will be available Monday-Friday from 8a-4:30p

**844-614-2498**

## TO OUR FAMILIES

Thank you to all the family members who have asked us how you can help our staff as we continue to provide the very best and safest care to our residents during this extremely difficult time. Here are some ideas that would be helpful:

Cards of thanks to the staff to encourage them to continue their work and dedication, cash donations or gift cards to food places so we can purchase food for staff during their shifts. These items can be mailed to Centennial House, 14625 Pennock Avenue, Apple Valley, MN 55124 attn: Lauren Pahnke, Executive Director.

Small hand sanitizers would also be helpful to hand out to staff to carry with them at all times. These can be dropped off at the "MAIN OFFICE" door at Centennial House.

If you are unable to assist financially, another thing we ask for are prayers for our staff, our residents, and our country as we come together like never before to put an end to the outbreak. Please know that our hearts go out to you all at this time, and we want you to know that we are providing not only care to your loved ones, but we are providing love and emotional support to them as well. We wish you all good health and are looking forward to ending to the extreme measures we have had to take to continue keeping your loved ones as safe as possible.

### Facetime, anyone?

We want you to be as connected as possible—if you would like to facetime with your loved one, please reach out via e-mail to [peggylane@ecumen.org](mailto:peggylane@ecumen.org) with your number and the best days/times to connect you with your loved one. We will do our best to accommodate as schedules allow! Please be sure to give a few options for days and times so we can work with everyone however we can and keep you all connected!



### MARKETING UPDATE:

As you are all aware, we are not doing tours here at Centennial House at this time to limit the potential exposure of the COVID19 virus.

We still always appreciate your referrals, however we are not looking at new move ins coming into the community until this lifts and stabilizes. If you do refer a family our way, be sure to let me know so I can reward you with the gift card promotion of \$500!

Thank you for being awesome families and for all that you do to support our mission here at Centennial House!

**HAVE A BLESSED EASTER!**





Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# April 2020

ECUMEN CENTENNIAL HOUSE  
LIFE ENRICHMENT



**5** 11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
1:30 FAMOUS FACE  
6:30 BINGO

**6** 9:30 APRIL TRIVIA  
11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
1:30 QUIDDLE  
3:30 SNACK

**7** 9:30 ROSARY AND COMMUNION  
11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
2:00 BINGO

**8** 11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
1:30 KNICKLEBACK  
2:30 SNACK

**9** 11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
1:30 UNO GAMES  
3:00 SOCIAL HOUR

**10** 11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
2:00 SCATTERGORIES  
3:00 GOOD FRIDAY SERVICES



**11** 11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
1:30 FLOWER POWER WORD GAME  
3:00 COFFEE SOCIAL

**12** 9:30 PICTURE THIS  
11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
1:30 KNICKLEBACK  
3:00 COFFEE AND REMINISC

**13** 9:30 MANICURES  
11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
2:00 BINGO

**14** 9:30 ROSARY AND COMMUNION  
11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
2:00 BINGO

**15** 9:30 CRANILUM CRUNCHES  
11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
2:00 PAINT PAPER SCISSORS

**16** 11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
1:30 WORDS IN A WORD  
2:30 SNACK



**17** 11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
1:30 FLY A KITE TRIVIA  
3:00 SNACK

**18** 9:30 BABBLING BROOK GAME  
11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
1:30 RIGHT-LEFT-CENTER  
3:00 ICE CREAM SOCIAL

**19** 9:30 ROSARY AND COMMUNION  
11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
2:00 BINGO

**20** 9:30 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
1:30 RIGHT-LEFT-CENTER  
3:00 ICE CREAM SOCIAL

**21** 9:30 PICTURE THIS  
11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
1:30 KNICKLEBACK  
3:00 COFFEE AND REMINISC

**22** 9:30 ROSARY AND COMMUNION  
11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
2:00 BINGO



**23** 11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
1:30 GROUP ACTIVITY  
3:00 SNACK

**24** 9:30 KINGS IN THE CORNER  
11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
1:30 BUNCO  
3:00 COFFEE SOCIAL

**25** 9:30 ROSARY AND COMMUNION  
11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
2:00 BINGO

**26** 11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
1:30 SHAKE LOOSE A MEMORY  
2:30 SNACK

**27** 9:30 DONUT SOCIAL  
11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
2:00 CELEBRATE APRIL BIRTHDAYS WITH ENTERTAINMENT BY COLLEEN WOLD

**28** 11:00 MORNING STRETCH  
11:15 HYMN SING AND DEVOTIONS  
1:30 UNO GAMES  
3:00 SOCIAL HOUR

PLEASE CHECK THE BULLETIN BOARDS DAILY FOR ANY ACTIVITY CHANGES

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HOUSE 1 AND HOUSE 2



### Spotlight Staff Member of the Month for April

## James Sunday

James Sunday was born in Nigeria, West Africa. He was an ordained pastor of a Baptist church in Nigeria. He also worked as an engineer in a construction company.

While James was still living in Nigeria, he met his future wife, Ladi, and they later became engaged.

On February 14, 2014, James moved to the United States, and made Lakeville his new home.

On September 5, 2015, Ladi joined James here in America. On June 25, 2016, James and Ladi were married. They are blessed with two children, Godwin who is 3 years old, and Gina who is 1 year old.

James has a friend from Nigeria who came to the US to finish his degree. The two of them began talking about starting a church. In 2017, a church was planted in downtown Minneapolis. Hope of the Nations Fellowship Church was born. James and his friend Philip are the pastors of that congregation. You can find James preaching in front of his congregation every other Sunday, when not working at Centennial House. His sermons are also uploaded to YouTube.

The family enjoys shopping together. James and Ladi enjoy taking their children to different parks.

James joined our Centennial House family in August 2016. James is so full of joy and humility. His joy and compassion are so evident, and his smile is so contagious. James provides such compassionate care, not only meeting the physical needs of our residents; but by his preaching, he also lovingly attends to their spiritual needs. His love for the Lord Jesus Christ is evident in everything he does. We are so honored that James is a part of our Centennial House family.

James makes such a loving and lasting impact on so many people here. One of the people who is impacted by his friendship, is Mary Kallestad. They have formed a very special friendship here. So much, that James has deemed Mary "The Queen". Whenever he sees her, he addresses her as, "Queen Mary"; a title of which she is most deserving.



# Staff Recognition

## April Anniversaries

Samalia Agwam 1 year

Kelly Askew 1 year

## Birthdays

Kevin Kincade - 4/3

Jewelle Jackson - 4/7

Dede Rhodes - 4/15

Samalia Agwam - 4/26

Varah Mongare - 4/27

Bill Scott - 4/30

## New hires

Tammy Davis - Resident Assistant

Joe Ofosu - Resident Assistant

Pauline Hulute - Resident Assistant

## ECUMEN<sup>®</sup> Centennial House

### Staff Contact

Lauren Pahnke	Executive Director	952-542-5680
Latoya Turner	Business Office Specialist	952-542-5681
Paige Gegner	Human Resource Specialist	952-658-5460
Nancy Solinger	Sales and Marketing Manager	952-542-5687
Jana Gallinger	Clinical Director	952-542-5684
	RN	952-542-5682
LPN Office	LPN	952-542-5685/952-658-5461
Tara Handorff	Resident Services Coordinator	952-542-5683
Peggy Lane	Life Enrichment Manager	952-542-5686
Kevin Kincade	Maintenance Supervisor	952-542-5688
Andy Sobota	Dietary Director	952-542-5691
	Chaplain	952-658-5463

14625 Pennock Ave. | Apple Valley, MN 55124  
Phone (952) 891-2711 | [www.ecumencentennialhouse.org](http://www.ecumencentennialhouse.org)



## April Resident Birthdays

Jo Johnson 4/06

Junior coomer 4/15

Janet Schultz 4/22

Marjorie tonsager 4/30

**WE WILL CELEBRATE  
APRIL BIRTHDAYS WITH  
ENTERTAINMENT BY  
COLLEEN WOLD HIEBELER  
FRIDAY APRIL 24TH AT 2PM  
IN HOUSE 3  
PLEASE JOIN US!**