



Ecumen Centennial House

Always Available Menu options
Monday-Friday

Breakfast

eggs any way you like it, cream
of wheat, raisin/white/wheat
toast, sausage patty/link, crispy
bacon, cold cereal
cheerios/honeynut cheerios, rice
krispies/raisin bran/chex, yogurt,
cottage cheese, fresh whole fruit

Saturday & Sunday we will serve continental
breakfast

Lunch & Dinner Entrees

Classic Chef Salad w/dressing,
Grill Cheese Sandwich, Deli
Turkey Sandwich, B.L.T sandwich,
grilled chicken breast,
hamburger/cheeseburger, black
bean veggie burger

Lunch/Dinner Sides

mashed potatoes, seasoned rice,
buttered carrots, buttered corn,
seasoned peas, fresh whole fruit,
side salad



