



Centennial House

Featured Meals for the week of Sunday September 12th-Saturday September 18th

Sunday 9/12	Monday 9/13	Tuesday 9/14	Wednesday 9/15	Thursday 9/16	Friday 9/17	Saturday 9/18
----------------	----------------	-----------------	-------------------	------------------	----------------	------------------

<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Oatmeal Danish Toast Fruit	Oatmeal Potato Pancakes Crispy Bacon Maple Syrup	Cream of Wheat Saus/Egg/Cheese Muffin Sandwich Fresh Fruit	Oatmeal Loaded Hashbrowns Wheat Toast Sausage Link	Oatmeal Meat/Cheese Egg Bake Raisin Toast	Oatmeal Biscuits & Gravy Bacon Fresh Fruit	Oatmeal Blueberry Muffin HB Egg Fruit

<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
Lentil Soup Chicken Tenders Creamy Coleslaw Potato Wedges Assorted Cookies	Ginger Carrot Soup Tuna Noodle Casserole Wheat Roll Steamed Broc/Cauli Diced Pears	Split Pea Soup Turkey a la King Parslied Potatoes Green Beans Cherry Cake	Chicken & Rice Soup Braised Pork Herbed Rice Broiled Tomatoes Jello Salad	Beef Noodle Soup Chicken Parm Rstd Diced Potatoes Mixed Vegetables Pineapple tidbits	Garden Veggie Soup Hamburger on Bun Baked French Fries Baked Beans Frosted Cake	Tomato Basil Soup Crispy Baked Cod Yukon Potatoes Steamed Broccoli Frosted Brownie

<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
Roast Beef Sand on Croissant Potato Salad Chips Mand Oranges	Crispy Sesame Chicken White Rice Steamed Baby Carrots Coconut Cake	Pulled BBQ Chicken on a bun Mixed Vegetables Corn Chips Peaches & Cream	Tukey Apple Swiss Sandwich Pasta Salad Carrot & Celery Sticks Cookie	Spaghetti sauce/meat over noodles Diced Carrots Garlic Bread Rice Krispy Bar	Honey BBQ Chicken Bites Baked French Fries Seasoned Corn Spiced Peaches	Sloppy Joe Sweet Potato Fries Steamed Peas Fruit Cocktail