

Centennial House

Featured Meals for the week of Sunday September 5th-Saturday September 11th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/5	9/6	9/7	9/8	9/9	9/10	9/11
<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>	<u>Breakfast</u>
Oatmeal	Oatmeal	Cream of Wheat	Oatmeal	Oatmeal	Cream of Wheat	Oatmeal
Danish	Denver Scramble	Blueberry Pancakes	Ranchers Eggs	Scrambled Eggs	Apple Walnut Muffin	Hard Boiled Egg
Raisin Toast	Crispy Bacon	Scrambled Eggs	Raisin Toast	Wheat Toast	Scrambled Eggs	Wheat Toast
Fruit	Toast	Fruit	Fruit	Sausage Patty	Bacon	Yogurt Cup
<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>	<u>Lunch</u>
Tomato/Rice Soup	Crm of Mushroom Soup	Chicken Noodle Soup	Broccoli Cheese Soup	Garden Veggie Soup	Tomato Basil Soup	Stewed Chicken
Baked Cod	Roast Beef/Gravy	Pork BBQ	Turkey Burger	Macaroni & Cheese	Spinach Feta Pie	Mashed Potatoes
Baked Potato	Garlic Mashed Potatoes	White Rice	Oven Brown Potatoes	w/Bacon & Tomatoes	Steamed Broccoli	Cauli & Red Peppers
Mixed Veggies	Steamed Carrots	Mixed Veg	Pineapple Coleslaw	California Blend Veg	Wheat Roll	Cheese Biscuit
Mint Brownie	Fresh Canteloupe	Angelfood Cake	Fresh Fruit Cup	Frosted Krispy Bars	Fruit Cocktail	Apple Pie
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<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>	<u>Dinner</u>
Chicken Strips	Stuffed Manicotti	Cheese Ravioli	Lemon Pepper Tilapia	Chicken Salad Sand	BBQ Pork/Slaw on Bun	Southern Fried Chicken
French Fries	Marinara Sauce	w/Marinara Sauce	Cilantro Lime Rice	Broc/Cauli Salad	Herbed Rice	Herbed Penne Pasta
Steamed Corn	Garlic Breadstick	Garlic Bread	Carrots	Pickle Spear	Steamed Corn	Steamed Zucchini
Dinner Roll	Frosted Cake	Peas w/fresh dill	Pumpkin Bars	Fresh Honeydew Cubes	Pudding Cup	Chocolate Chip Cookie
PIneapple Tidbits		Diced Pears				

Beverage Options: Coffee, Tea, Orange Juice, Apple Juice, Cranberry Juice, Lemonade, Milk, Chocolate Milk, Lactose-Free Milk Menu Subject to change