


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 AM: MORNING STRETCH SING ALONG! PM: FIRE LIFE SAFETY TRAINING SNACK <small>Canada Day</small>	2 AM: ROSARY EXERCISE HYMN SING PM: TABLE GAMES BINGO SNACK	3 AM: CHAIR EXERCISE DEVOTIONS SING ALONG! PM: FOOD FOR THOUGHT SNACK	 4 AM: EXERCISE SING ALONG! PM: PATIO VISITS <small>Independence Day (US)</small>	5 AM: EXERCISE SING ALONG! PM: CANDY BAR BINGO SNACK
6 AM: EXERCISE DEVOTIONS HYMN SING PM: MUSIC WITH PENNY SNACK	7 AM: EXERCISE DEVOTIONS HYMN SING PM: MUSIC WITH PENNY SNACK	8 AM: MORNING STRETCH POETRY READING SING ALONG! PM: CAN YOU PICTURE THIS? PHOTO SNACK	9 AM: ROSARY EXERCISE HYMN SING PM: TABLE GAMES BINGO SNACK	10 AM: CHAIR EXERCISE DEVOTIONS SING ALONG! PM: MUSIC IN MOTION SNACK	11 AM: EXERCISE SING ALONG! PM: ROOT BEER FLOAT SOCIAL MOVIE ON THE BIG SCREEN	12 AM: EXERCISE SING ALONG! PM: CANDY BAR BINGO SNACK
HAPPY BIRTHDAY ISABELLE! 13 AM: EXERCISE DEVOTIONS HYMN SING PM: PUZZLES BINGO SNACK	14 AM: EXERCISE DEVOTIONS HYMN SING PM: PUZZLES BINGO SNACK	HAPPY BIRTHDAY ELAINE V! 15 AM: MORNING STRETCH DEVOTIONS SING ALONG! PM: YAHTZEE SNACK	16 AM: MANICURES EXERCISE HYMN SING PM: BINGO ROSARY SNACK	17 AM: CHAIR EXERCISE DEVOTIONS SING ALONG! PM: PARACHUTE GAME PUKEKO IN A PONGA TREE SNACK	18 AM: EXERCISE SING ALONG! PM: ICE CREAM SOCIAL SING ALONG!	19 AM: EXERCISE SING ALONG! PM: CANDY BAR BINGO SNACK
20 AM: EXERCISE DEVOTIONS HYMN SING PM: MUSICAL INSTRUMENT SNACK	21 AM: EXERCISE DEVOTIONS HYMN SING PM: MUSICAL INSTRUMENT SNACK	22 AM: MORNING STRETCH SING ALONG! PM: NAME TEN COLORING SHEETS SNACK	23 AM: ROSARY EXERCISE HYMN SING PM: TABLE GAMES BINGO SNACK	24 AM: CHAIR EXERCISE DEVOTIONS SING ALONG! PM: CELEBRATING JULY BIRTHDAYS WITH ENTERTAINMENT BY COLLEEN SNACK	HAPPY BIRTHDAY JANE Y! 25 AM: EXERCISE SING ALONG! PM: CHRISTMAS IN JULY SOCIAL	26 AM: EXERCISE SING ALONG! PM: CANDY BAR BINGO SNACK
27 AM: EXERCISE DEVOTIONS HYMN SING PM: PUZZLES BINGO SNACK	28 AM: EXERCISE DEVOTIONS HYMN SING PM: PUZZLES BINGO SNACK	29 AM: MORNING STRETCH SING ALONG! PM: BACK AND FORTH ART SNACK	30 AM: ROSARY EXERCISE HYMN SING PM: TABLE GAMES BINGO SNACK	31 AM: CHAIR EXERCISE DEVOTIONS SING ALONG! PM: TRIVIA PICTURE IT SNACK	ECUMEN CENTENNIAL HOUSE LIFE ENRICHMENT 	

PLEASE CHECK THE DIGITAL SIGNAGE DAILY FOR ANY ACTIVITY CHANGES

DINING ROOM 4 AND HOUSE 3